Dermal Fillers: Consent Form

**A. PURPOSE AND BACKGROUND**

As my patient, you have requested my administration of Dermal Fillers; used in the correction of moderate to severe facial wrinkles and folds. All medical and cosmetic procedures carry risks and may cause complications. The purpose of this document is to make you aware of the nature of the procedure and its risks in advance so that you can decide whether to proceed with the procedure.

**B. PROCEDURE**

1. This product is administered via syringe, or injection, into the areas of the face sought to be filled with dermal filler to eliminate or reduce the wrinkles and folds.

2. An anesthetic, numbing medicine used to reduce the discomfort of the injection, may or may not be used.

3. The treatment site(s) is washed first with an antiseptic (cleansing) wipe.

4. Dermal fillers are to be injected under your skin into the tissue of your face using a thin gauge needle.

5. The depth of the injections will depend on the depth of the wrinkles and their location.

6. Multiple injections may be made depending on the site, depth of the wrinkle and technique used.

7. Following each injection, the injector should gently massage the correction site to conform to the contour of the surrounding tissues.

8. If the treated area is swollen directly after the injection, ice may be applied on the site for a short period.

9. After the first treatment, additional treatments may be necessary to achieve the desired level of correction.

10. Periodic touch-up injections help sustain the desired level of correction.

**C. RISK/DISCOMFORT**

1. Although a very thin needle is used, common injection related reactions could occur. These could include some initial swelling, pain, itching, discoloration, bruising or tenderness at the injection site. You could experience **increased** bruising or bleeding at the injection site if you are using substances that reduce blood clotting such as aspirin, non-steroidal anti-inflammatory drugs such as Advil but not inclusive of, or some herbal medications.

2. These reactions generally lessen or disappear within a few days, but may last for a week or longer.

3. As with injections, this procedure carries the risk of infection. The syringe is sterile and standard precautions associated with injectable materials have been taken.

4. Some visible or felt lumps may occur temporarily following the injection.

5. Some patients may experience additional swelling or tenderness at the injection site and on rare occasions, pustules may form. These reactions might last for as long as two weeks, and in appropriate cases, may need to be treated with medications provided by your primary provider. Dermal Fillers should not be used in areas with active inflammation or infections (e.g., cysts, pimples, rashes or hives).

6. Dermal fillers should not be used in patients with allergies to topical anesthetics (Benxocaine, Lidocaine, Tetracaine) which may be used for your procedure.

Please initial if you have a problem with topical anesthetics:  
**\_\_\_ I am allergic**  
\_\_\_ I am not sure

\_\_\_ I am not allergic

7. If you are considering laser treatment, chemical peels or any other procedure, or if you recently had such treatments and the skin has not healed completely, based on your skins’ response after dermal fillers, there is a possible risk of an inflammatory reaction at the substance site.

8. Most patients are pleased with the results of dermal fillers. However, like any cosmetic procedure, there is no guarantee that you will be completely satisfied. There is no guarantee that wrinkles and folds will disappear completely, or that you will not require additional treatments to achieve the results you seek. While the effects of dermal fillers can last longer than other comparable treatments, the procedure is still temporary. Additional treatments will be required periodically, generally within 6 months to one year, involving additional injections for the effect to continue.

9. After treatment, you should minimize exposure of the treated area to excessive sun or UV lamp exposure and extreme cold weather until any initial swelling or redness has gone away.

**D. ALTERNATIVES**

This is strictly a voluntary cosmetic procedure. No treatment is necessary or required. Other alternative treatments include, but are not limited to Botox, Laser Skin Modalities and Cosmetic Surgery.

**E. Photographs (please initial)**

\_\_\_\_\_\_\_\_\_I consent to photographs being taken for use in the following areas: evaluation of treatment, effectiveness, medical training and education, marketing, media stories, advertising and other sales purposes. No photographs revealing my identity will be used without my written consent. If my identity is not revealed (by name), these photographs may be used and displayed publically without my permission.

**F. CONSENT**

Your consent and authorization for this procedure is strictly voluntary. By signing this consent form, you hereby grant authority to this medical spa facility to perform Facial Augmentation and/or Filler Therapy injections using the Dermal Filler of your choice for any related treatment as may be deemed necessary or advisable in the treatment areas you so choose.

The nature and purpose of this procedure, with possible alternative methods of treatment as well as complications, have been fully explained to my satisfaction. No guarantee has been given by anyone as to the results that may be obtained by this treatment.

I have read this informed consent form and certify that I understand its contents in full. I have had enough time to consider this information from this medical spa facility, and I feel that I have been sufficiently advised to consent to this procedure. I hereby give my consent to this procedure and have been asked to sign this form after being fully informed of the risks and benefits involved.

**PRINT NAME: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_DATE: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**PATIENT SIGNATURE:**  \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ **DATE: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**INJECTOR:** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ **DATE: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

\_\_\_\_\_\_\_ I certify that I have explained the nature, purpose, benefits, risks, complications, and alternatives of the proposed procedure to the patient. I have answered fully, and I believe that the patient fully understands what I have explained.

**InjectorSignature**: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_